



**C1-C2**  
**Best Grammar**  
**Sheets & Tables**  
 Master advanced  
 grammar for  
 C1 and C2 exams

### Hit the books

To study or focus on academic work.

- Finals are next week, so it's time to hit the books.
- He spent the weekend hitting the books for his biology exam.

### Hit the brakes

To stop something suddenly or take a pause.

- We need to hit the brakes on spending before we run out of money.
- When he realized he was going too fast, he hit the brakes.

### Hit the club

To go out to a nightclub or party.

- After a long week, they decided to hit the club and dance all night.
- Let's hit the club tonight to celebrate your promotion!

### Hit the hay/sack

to go to bed in order to sleep:

- After a long day at work, she hit the hay as soon as she got home.
- I have a busy day tomorrow, so I think I'll hit the sack.

### Hit the jackpot

To achieve great success or luck, often unexpectedly.

- He hit the jackpot when his business idea went viral.
- They hit the jackpot and won the lottery last week.

### Hit the road

To leave or start a journey, often by car.

- We need to hit the road early if we want to avoid traffic.
- After packing their bags, they hit the road for their weekend getaway.

### Hit the spot

to be exactly what is needed:

- That bacon sandwich really hit the spot!
- Iced tea hits the spot during the hot summer months.

### Hit the bottle

To start drinking alcohol excessively.

- After losing his job, he started hitting the bottle too often.
- You need to talk to him—he's been hitting the bottle a lot lately.

### Hit the buffers

to suddenly stop being successful or stop happening:

- The main worry is that the economy might hit the buffers.
- Their plans to become one of the world's largest telecoms firms has hit the buffers.

### Hit the gym

To go to the gym to exercise or work out.

- I'm trying to get in shape, so I'll hit the gym after work.
- She hits the gym every morning before heading to the office.

### Hit the headlines/news

to appear in the news suddenly or receive a lot of attention in news reports:

- The couple hit the headlines last year when their relationship broke down.
- The club has been in disarray since the corruption scandal hit the news.

### Hit the mark

To succeed in achieving a goal or expectation.

- His performance hit the mark and earned him a standing ovation.
- The advertisement didn't hit the mark with younger audiences.

### Hit the shower

To take a shower.

- I'm sweaty after my run—I need to hit the shower.
- He always hits the shower as soon as he gets home from work.

### Hit the town

To go out and enjoy entertainment, like dining or nightlife, in a town or city.

- Let's hit the town tonight and check out that new restaurant.
- They love hitting the town on weekends for some fun.